





# 1 DAY TRAINING

# STATEMENT OF ATTAINMENT



# **CONTACT**US NOW



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New South Wales & ACT

## 1 KEY UNIT OF COMPETENCY



RIIWHS204E

Work safely at heights



## **Work Safely At Height**

This 1 day course for height safety training will give workers the skills and knowledge to determine working at heights situations, legislative requirements, basic hazard and risk analysis, tools, equipment and safe systems of work to complete tasks at height

Height Safety Ticket training course includes these 1 key unit of competency:

### RIIWHS204E - Work Safely At Heights

Key skills and knowledge covered during this training course through a combination of both theory and practical applications.

- Legislative requirements for all working at heights
- Identification of a variety of working at height situations
- Hazard and risk analysis, implementation of control measures SWMS
- Safe work practices and control systems including fall prevention devices, work positioning systems and fall arrest systems
- Inspect, install and apply a variety of height safety equipment including: Anchor points, horizontal lifelines, harnesses,
- connectors, lanyards, energy absorbers, rope grabs and knot tying.
- Safe use of ladders

#### **Duration & Delivery Options:**

- Face-to-face: 6 hours
- Blended learning: Online theory + 3 hours face-to-face (recommended)

#### There is no prerequisite for this course.

Successful completion of this training will be awarded the **Statement of Attainment** which will be emailed on completion of the training course.

Course consists of both theory and practical, including theory and practical assessments.

Course combo: With blended learning, you can include an additional course and complete on the same day - Save 20% of the total pricing when you combine courses!



SAFETY TRAINING COURSES FROM INDUSTRY EXPERTS