

# FIRST AID TRAINING

## What is First Aid Training?

First Aid Training teaches individuals how to respond to emergencies, administer basic medical care, and stabilize injured persons until professional help arrives.

## Why is it Important?

First aid certification is essential for creating a safer workplace. It prepares employees to handle medical emergencies, potentially saving lives and reducing the severity of injuries.

## Courses Available:

- Cardiopulmonary Resuscitation (CPR) Training
- Basic First Aid Training
- First Aid & Low Voltage Rescue (LVR)
- CPR & Low Voltage Rescue Training (LVR)





# CPR TRAINING

*(Cardiopulmonary  
Resuscitation)*

**RTO #41312**

*This course provides the skills  
and knowledge to perform  
cardiopulmonary resuscitation  
(CPR)*

STATEMENT  
OF  
ATTAINMENT

**3 HOUR TRAINING**

## CONTACT

US NOW



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New South Wales  
& ACT

[www.platinumsafety.com.au](http://www.platinumsafety.com.au)



## 1 KEY UNIT OF COMPETENCY

### HLTAID009

*This course provides the skills and knowledge to perform cardiopulmonary resuscitation (CPR), in line with the Australian Resuscitation Council (ARC) Guidelines. It is designed for workers in any industry that may require the skill of CPR.*



## Cardiopulmonary Resuscitation (CPR) Training

This course provides the skills and knowledge to perform cardiopulmonary resuscitation (CPR), in line with the Australian Resuscitation Council (ARC) Guidelines. It is designed for workers in any industry that may require the skill of CPR.

CPR training course includes 1 key unit of competency:

### **HLTAID009 – Provide cardiopulmonary resuscitation**

#### **Duration & Delivery Options:**

- Face-to-face: 3 hours
- Blended learning: Online theory + 1.5 hours face-to-face (recommended)

Note: This unit of competency is recommended to be renewed every 12 months as per industry standards.

**There is no prerequisite for this course.**

Successful completion of this training will be awarded the **Statement of Attainment** which will be emailed on completion of the training course.

Course consists of both theory and practical, including theory and practical assessments.

*Please note: All students must be able to communicate in English and able to complete all documents, including theory assessments. If assistance is required, please contact us prior to commencement of training day to discuss options. Failure to do this, may result in a student not being able to complete the training and a refund will not be issued.*

**Course combo: With blended learning, you can include an additional course and complete on the same day - Save 20% of the total pricing when you combine courses!**



# FIRST AID TRAINING

**RTO #41312**

*This 1 day training provides the skills and knowledge to provide a first aid response in a range of environments*

## STATEMENT OF ATTAINMENT

## 1 DAY TRAINING

### 3 KEY UNITS OF COMPETENCY



#### **HLTAID009**

*Provide cardiopulmonary resuscitation*



#### **HLTAID010**

*Provide basic emergency life support*



#### **HLTAID011**

*Provide first aid*

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NSW & ACT



## First Aid Training

This training course provides the skills and knowledge to provide a first aid response in a range of environments including within the community or a workplace setting and including performing CPR.

### Certification and Outcomes

Participants who complete the course will receive the **Statement of Attainment** for the following nationally recognised units of competency:

First Aid training course includes these 3 key units of competency:

- **HLTAID009** Provide cardiopulmonary resuscitation
- **HLTAID010** Provide basic emergency life support
- **HLTAID011** Provide first aid

### Duration and Delivery Options:

- Full day of face-to-face: 8 hours
- Blended learning: Online theory + 4 hours face-to-face (recommended)

### Eligibility and Requirements

- Age Requirement: Participants must be at least 15 years old.
- Educational Level: Year 10 numeracy, literacy, and communication skills.
- Physical Ability: Must be able to complete practical assessments.
- USI Number: Required for course completion. Obtain at the USI website.

Course consists of both theory and practical, including theory and practical assessments.

*Note: This unit of competency - HLTAID011 Provide first aid, is recommended to be renewed every 3 years as per industry standards.*

**Course combo: With blended learning, you can include an additional course and complete on the same day - Save 20% of the total pricing when you combine courses!**



# PROVIDE FIRST AID + LOW VOLTAGE RESCUE (LVR)

**RTO #41312**

*This course provides skill to perform rescue from a live low voltage panel and provide first aid*

## STATEMENT OF ATTAINMENT

## 1 DAY TRAINING

## CONTACT

US NOW



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New South Wales  
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## 2 KEY UNIT OF COMPETENCY



**HLTAID011**

*Provide First Aid*



**UETDRRF004**

*Perform rescue from a live LV panel*



## Provide First Aid and Low Voltage Rescue (LVR)

Participants in our First Aid & Low Voltage Rescue Course will leave with the abilities and information required to conduct first aid and securely remove victims of low-voltage electrical events.

### Who Requires the First Aid & Low Voltage Rescue Training Course?

The First Aid & Low Voltage Rescue Training Course is essential for individuals who may encounter electrical hazards in their employment. This includes:

- Electricians: Professionals working with electrical systems.
- Maintenance Workers: Staff responsible for maintaining electrical equipment.
- Construction Workers: Personnel working on sites with electrical hazards.
- Safety Officers: Professionals responsible for workplace health and safety.

### Certification and Outcomes

Participants who complete the course will receive the Statement of Attainment for the following nationally recognised units of competency:

Provide First Aid & LVR training course includes 2 key units of competency:

- **HLTAID011** Provide first aid
- **UETDRRF004** Perform rescue from a live LV panel

### Duration & Delivery Options:

- Face-to-face: 8 hours
- Blended learning: Online theory + 4 hours face-to-face (recommended)

Note: The unit of competency – UETDRRF004 Perform rescue from a live LV panel must be renewed every 12 months as per industry standards.



# LOW VOLTAGE RESCUE + CPR TRAINING

**RTO #41312**

*This course provides skill to perform rescue from a live low voltage panel and to perform cardiopulmonary resuscitation*

## STATEMENT OF ATTAINMENT

## 4 HOUR TRAINING

## CONTACT

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& ACT

## 2 KEY UNITS OF COMPETENCY



### HLTAID009

*Provide cardiopulmonary resuscitation*



### UETDRRF004

*Perform rescue from a live LV panel*



## Low Voltage Rescue & Cardiopulmonary Resuscitation (CPR) Training

Perform rescue from a live LV panel, covers rescue procedures from low voltage apparatus, not including overhead power lines or underground cables. It also covers legislative requirements, hazard and risk management and relevant Personal protective equipment and equipment.

### Key Skills and Knowledge:

#### CPR Training:

Techniques for performing CPR on an unconscious casualty, specifically for those who have suffered electrocution. The training follows Australian Resuscitation Council (ARC) guidelines and includes both theoretical and practical components.

#### Low Voltage Rescue (LVR):

- Conducting a risk assessment of an electrically hazardous situation.
- Performing low voltage rescue procedures safely, ensuring no hazard to oneself or others.
- Use and maintenance of a low-voltage rescue kit.

### Certification and Outcomes

Participants who complete the course will receive the **Statement of Attainment** for the following nationally recognised units of competency:

- **HLTAID009 – Provide cardiopulmonary resuscitation**
- **UETDRRF004 – Perform rescue from a live LV panel**

### Duration & Delivery Options:

- Face-to-face: 4 hours
- Blended learning: Online theory + 2 hours face-to-face (recommended)

Note: The unit of competency – UETDRRF004 Perform rescue from a live LV panel & HLTAID009 Provide cardiopulmonary resuscitation must be renewed every 12 months as per industry standards.





# LET'S WORK TOGETHER

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